

## **Reviewer's report**

**Title:** A pilot study into the effect of intake of Fucus vesiculosus, an edible brown seaweed, upon menstrual cycle length and hormonal status of pre-menopausal women

**Version:** 4 **Date:** 16 July 2004

**Reviewer:** Nagi Kumar

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Although the manuscript has been revised, the research design and number of subjects remain the same and thus the value of this data remains weak and may be misleading. Several clinical trials using similar substances have been conducted in a randomized fashion using 25-30 subjects in each group, which is a feasible option.

I recommend that the investigators use this as a partial pilot data to establish feasibility, increase the numbers and the research design and continue this study using a placebo/control group and publish their results at that time.