

Reviewer's report

Title: The effect of long term combined yoga practice on the basal metabolic rate of healthy Adults

Version: 3 **Date:** 9 July 2006

Reviewer: Nicola Maffulli

Reviewer's report:

General

Major Compulsory Revisions (that the author must respond to before a decision on publication can be reached)

The assertion that the study confirms the BMR of Indian individuals is misleading. Their study was not planned for this purpose, their methods are not accurate enough to assert this, and their study population much too small for this purpose.

I suggest to just state that the BMR of their subjects falls within published values, and to omit any reference to what they call 'second aim of the study'.

Minor Essential Revisions (such as missing labels on figures, or the wrong use of a term, which the author can be trusted to correct)

Discretionary Revisions (which the author can choose to ignore)

What next?: Unable to decide on acceptance or rejection until the authors have responded to the major compulsory revisions

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: No

Declaration of competing interests:

'I declare that I have no competing interests'