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Antinuclear antibodies (ANA) in a Colombian cohort of pediatric patients with autoimmune diseases (PAID)

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From 18th Pediatric Rheumatology European Society (PReS) Congress Bruges, Belgium. 14-18 September 2011

Background

ANA is an important diagnostic tool in PAID. The type of staining patterns by IFF technique and the final titer varies according of the type of PAID.

Aim

To evaluate the ANA type of patterns and titer on a cohort of PAID patients in a referral pediatric rheuma-tology center in Bogotá.

Methods

Retrospective descriptive study of a PAID cohort.

Results

363 patients were included. 66% had JIA, 11% JSLE, 7% juvenile undifferentiated autoimmune disease(JUAD), 4% Scleroderma, 4% JDM, 1% uveitis ANA + and a group of other PAID 11%. ANA positivity varies according to the subtype of JIA from 0-68%. Positive AAN: JSLE 93%, scleroderma 85%, JDM 63%. Most JUAD had ANA + at low titers. A heterogeneous group of other PAID showed a variable titers and patterns of ANA .The most prevalent type of pattern was speckled, followed by homogenous and other pattern were uncommon. On JSLE, the prevalence and titers were higher and multiple auto antibodies were detected at the time of diagnosis. (Table 1).

Conclusion

ANA positivity is not specific for PAID. Its interpretation should be based on a good clinical correlation and

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Table 1

Disease	Ν	ANA +	Speckled	Homogeneous	≤1:320	>1:320
JIA	98/ 240	41%	96%	4%	91%	9%
JSLE	37/40	93%	70%	24%	35%	65%
JUAD	24/24	100%	83%	13%	63%	37%
JDM	8/13	62%	62%	38%	88%	12%
Scleroderma	11/13	85%	82%	18%	55%	45%
Other PAID	24/31	71%	71%	21%	67%	33%
Uveitis ANA +	3/3	100%	100%	0%	100%	0%

additional work up in order to classified and confirm PAID.

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Published: 14 September 2011

doi:10.1186/1546-0096-9-S1-P230

Cite this article as: Ricardo *et al.*: **Antinuclear antibodies (ANA) in a Colombian cohort of pediatric patients with autoimmune diseases (PAID).** *Pediatric Rheumatology* 2011 **9**(Suppl 1):P230.